lyra

OVERVIEW

Global Workforce Mental Health

Connect your employees and their families to an exclusive global provider network to achieve sustained improvement and recovery, and create a culture of mental wellness.







88% of clients improve on a validated clinical measure



Exclusive global network



Concierge Member Experience



Workforce **Transformation**

- Enable access to 20,000+ high quality providers worldwide
- Over 10 million members with care available across 200+ countries and territories, including children ages 0-17, teens, couples, families, adults, and people with disabilities
- Measurable proven outcomes to achieve sustained improvement

- Flexible options including in-person, live messaging, digital videos & exercises, and on-site care options
- Digital platform with same-day appointments available
- Destigmatize mental health, transform your culture, and turn employees into mental health champions

Choose a partner in Global Workforce Mental Health that delivers personalized experiences for every member



Clinical Care

Depression, PTSD, Severe Anxiety, Bipolar Disorder, Eating Disorder

Help employees get well quickly with proven, lasting outcomes through access to therapy and medication management



Preventive Care

Personal growth, Stress, Burnout, Relationship issues, Anxiety

Proactively address mild to moderate symptoms with self-guided lessons or by working with a Lyra coach



Complex Care

Suicidality, Substance use, Clinical leave, Inpatient care

Support members experiencing acute symptoms with fast access to specialized treatment options. Advanced care coordination for inpatient services



Workforce Transformation

Career growth, personal development, manager support, employee well-being

Facilitate workforce-wide mental health learning and development through structured conversations and manager-specific support



Work-life Services

Child and elder care, financial and legal issues

Provide support for all areas of a member's life for a complete whole person approach to well-being

Published and Proven Results

Lyra relies on a clinically proven, evidenced based approach. We have leading third party studies to prove our solutions are effective in building mentally resilient workforces.



✓ 8+ published 3rd-party studies on Lyra's evidence-based care



Published independent study showing Lyra helps reduce overall medical and prescription claims costs in health plan by \$2300 per member, per year



Validated, measurable clinical assessments including PHQ-9, GAD-7, PSS, and AUDIT-C











"Mental health care is not negotiable. It is something our employees have to have." Morgan Stanley

"We're not paying a high fixed cost for care that our members may not use."



"I'm really proud of the outcome that we've seen with Lyra."