

# Flexible benefit tailored to your business

Connect your employees and their families to an exclusive global provider network to achieve sustained improvement and recovery, and create a culture of mental wellness.



## Supplement your benefits

Offer easy access to care and 12-25 free sessions to your members.

## Replace your EAP

Reimagine the role of an EAP and offer 12-25 sessions and worklife services.

## Redefine workplace mental health care

Offer the most complete care with Lyra's EAP and expanded access to services through Lyra's client-specific network.

## Design a benefit to help your people thrive

Partnering with Lyra means you have access to experienced benefits design experts and clinicians to advise on your configuration strategy. Together, we'll discuss your member and business goals and recommend a configuration that meets both needs.

## Better member experience—no matter what

No matter how you choose to configure Lyra, your members will always have easy access to evidence-based care and a great care experience. In as little as five minutes, your members will get personalized care options and be matched to available evidence-based providers.

## Integrate your existing benefits for streamlined navigation

Lyra partners and coordinates with navigator solutions, health plans, and other vendors in your existing benefit ecosystem to simplify mental health care navigation for members.

# Built to meet your benefit goals

We partner with you to find the perfect combination of services, the right care experience, and the desired outcomes, all while working to meet your budget. Below are common examples of benefit configurations to help you get started.

	Supplement your benefits	Replace your EAP	Redefine workplace mental health
Who & what	12-25 free sessions for all members	Reimagine your EAP and offer 12-25 sessions to all members	Offer free sessions to all members—plus, long-term care to those on your PPO, EPO, HDHP plans
Budget source	Direct billing	Direct billing	Free sessions—Direct billing Long-term care—Billed as in-network claims
Lyra Learn & Gather	✓	✓	✓
Lyra Essentials	✓	✓	✓
Guided Self-Care	✓	✓	✓
Coaching	✓	✓	✓
Therapy	✓	✓	✓
Medication	✗	✗	✓
Long term therapy	✗	✗	✓
Blended Care DBT	✗	✗	✓
Lyra Renew	✓	✓	✓
Advanced Care Coordination	✓	✓	✓
Critical Incident Support	✗	✓	✓
Worklife Services	✗	✓	✓

Looking for a different configuration?

Lyra can work with you to craft a custom benefit that fits your needs.

Contact the Lyra team to learn more at [lyrahealth.com](https://lyrahealth.com).